

## **HOW TO CLEAN SURGICAL INSTRUMENTS**

Taking the time to properly clean and sterilize surgical instruments is imperative in ensuring patients do not get infections or other transmitted diseases.

### **Manual Cleaning**

**(Always wear protective gloves, gowns, face shields or goggles and head coverings)**

- 1. Rinse instruments immediately after use.**
- 2. Use a scrub brush under running water to remove all blood and tissue on the surfaces and in the joints.**
- 3. In a sink or basin, mix ¼ oz. of Medical Enzyme Detergent – Super Concentrate per gallon of warm to hot water. Submerge the instruments into the solution and allow to soak for at least 2 minutes. Longer time may be required for dried-on blood and organic soils.**
- 4. Scrub the instruments with a brush or sponge.**
- 5. Rinse the instruments under water, sterile water if available, and allow to dry.**